

## Vegan <sup>%</sup> Product Guide



tood co.op

New to shopping for gluten-free products at the Co-op? Use this product guide to help you shop all things wheat free!











<sup>\$</sup>16.99 Field Roast **Celebration Roast** 2 lbs., with traditional bread stuffing & mushroom gravy



<sup>\$</sup>11.99 ToFurky Veggie Roast & Wild Rice Stuffing



\$2.99 New Pi Bakehouse **Rustic Italian Loaf** North Liberty, Iowa Made with Early Morning Harvest flour from Panora, IA



2.39 Mariposa Farms **Fresh Rosemary** Grown in Grinnell, IA .75 oz.





<sup>\$</sup>1.69 **Organic Carrots** 1 lb. bag



<sup>\$</sup>3.99 Better Than Bouillon Vegetarian **No-Chicken Base** 8 oz., vegan

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<sup>\$</sup>3.49 JUST Egg Plant-Based Egg 12 fl. oz., vegan



<sup>\$</sup>2.50 Cascadian Farm **Frozen Organic Green Beans** 



<sup>\$</sup>2.50 Cascadian Farm **Frozen Organic** Sweet Corn



<sup>\$</sup>2.50 Woodstock **Frozen Organic Mixed Mushrooms** 



<sup>\$</sup>2.50 Stahlbush **Frozen Sweet** Potatoes





<sup>\$</sup>2.39

Field Day **Black or Green Pitted Olives** 6 oz.

ROADHOUS

<sup>\$</sup>6.49

**Miyokos Creamery** Straight Up Sharp Chedda Vegan Cheese 8 oz.



## <sup>\$</sup>5.99

**Miyokos Creamery Vegan Block** Cheese 8 oz., made from oatmilk



Garden of Eatin'

**Tortilla Chips** 

**Blue Corn** 

16 oz.



<sup>\$</sup>4.99 Mary's Gone Crackers **Organic Sea Salt** Crackers 5 oz.

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\$**3.99 Beyond Meat** Plant-Based Breakfast Sausage 6 patties



<sup>\$</sup>15.99 **New Pioneer** Vegan Lasagna 32 oz., serves 4



<sup>\$</sup>5.49 Oasis Street Food Hummus 8 oz.



**Pumpkin Cookie** 



<sup>\$</sup>9.99 New Pi Bakehouse Vegan Chocolate Chip **Cookie Dough** North Liberty, Iowa 1 dozen



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<sup>\$</sup>2.99 New Pi Bakehouse French Baguettes North Liberty, Iowa Made with Early Morning Harvest flour from Panora, IA



3.49 Milkadamia VeggNog or White Chocolate **Peppermint Drink** 32 oz.



\$9.99

A Chocolate Studio 4 Piece Assorted **Chocolate Truffles** 

<sup>\$</sup>2.69/ea. New Pi House-made

Vegan Cinnamon Rolls

made



\$**6.99** Chameleon **Cold Brew Oat Milk Latte** 46 oz., peppermint mocha or pumpkin spice



<sup>\$</sup>2.79 So Delicious **Coconut Milk** Holiday Nog 32 fl. oz., dark chocolate truffle or pumpkin spice





pumpkin spice



<sup>\$</sup>18.99 A Chocolate Studio **8 Piece Assorted Chocolate Truffles** 



<sup>\$</sup>5.49 **Enjoy Life** Semi-Sweet **Vegan Chocolate Mini Chips** 10 oz.



Calafia Farms **Almond Milk** Holiday Nog 48 fl. oz., dark chocolate truffle or pumpkin spice







<sup>\$</sup>5.99 So Delicious **Dairy Free** Vanilla Bean **Frozen Dessert** 1 pt., made w/ coconut milk



2/<sup>\$</sup>7 Dandies Mini Vanilla **Marshmallows** 10 oz.



<sup>\$</sup>5.99 SuperNatural **Great Big Blizzard** Sprinkles 3 oz., Natural, plant based sprinkles for holiday baking.





<sup>\$</sup>5.99 SuperNatural **Ugly Christmas Sweater Sprinkles** 3 oz., Natural, plant based sprinkles for holiday baking.



2/<sup>\$</sup>6 Dandies Peppermint **Marshmallows** 

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