

Vegan [%] Product Guide



tood co.op

New to shopping for gluten-free products at the Co-op? Use this product guide to help you shop all things wheat free!











^{\$}16.99 Field Roast **Celebration Roast** 2 lbs., with traditional bread stuffing & mushroom gravy



^{\$}11.99 ToFurky Veggie Roast & Wild Rice Stuffing



\$2.99 New Pi Bakehouse **Rustic Italian Loaf** North Liberty, Iowa Made with Early Morning Harvest flour from Panora, IA



2.39 Mariposa Farms **Fresh Rosemary** Grown in Grinnell, IA .75 oz.





^{\$}1.69 **Organic Carrots** 1 lb. bag



^{\$}3.99 Better Than Bouillon Vegetarian **No-Chicken Base** 8 oz., vegan

JU ST

^{\$}3.49 JUST Egg Plant-Based Egg 12 fl. oz., vegan



^{\$}2.50 Cascadian Farm **Frozen Organic Green Beans**



^{\$}2.50 Cascadian Farm **Frozen Organic** Sweet Corn



^{\$}2.50 Woodstock **Frozen Organic Mixed Mushrooms**



^{\$}2.50 Stahlbush **Frozen Sweet** Potatoes





^{\$}2.39

Field Day **Black or Green Pitted Olives** 6 oz.

ROADHOUS

^{\$}6.49

Miyokos Creamery Straight Up Sharp Chedda Vegan Cheese 8 oz.



^{\$}5.99

Miyokos Creamery Vegan Block Cheese 8 oz., made from oatmilk



Garden of Eatin'

Tortilla Chips

Blue Corn

16 oz.



^{\$}4.99 Mary's Gone Crackers **Organic Sea Salt** Crackers 5 oz.

Locally Grown. Community Owned.



Vegan "*" Product Guide



tood co.op

New to shopping for gluten-free products at the Co-op? Use this product guide to help you shop all things wheat free!





\$**3.99 Beyond Meat** Plant-Based Breakfast Sausage 6 patties



^{\$}15.99 **New Pioneer** Vegan Lasagna 32 oz., serves 4



^{\$}5.49 Oasis Street Food Hummus 8 oz.



Pumpkin Cookie



^{\$}9.99 New Pi Bakehouse Vegan Chocolate Chip **Cookie Dough** North Liberty, Iowa 1 dozen



nade

^{\$}2.99 New Pi Bakehouse French Baguettes North Liberty, Iowa Made with Early Morning Harvest flour from Panora, IA



3.49 Milkadamia VeggNog or White Chocolate **Peppermint Drink** 32 oz.



\$9.99

A Chocolate Studio 4 Piece Assorted **Chocolate Truffles**

^{\$}2.69/ea. New Pi House-made

Vegan Cinnamon Rolls

made



\$**6.99** Chameleon **Cold Brew Oat Milk Latte** 46 oz., peppermint mocha or pumpkin spice



^{\$}2.79 So Delicious **Coconut Milk** Holiday Nog 32 fl. oz., dark chocolate truffle or pumpkin spice





pumpkin spice



^{\$}18.99 A Chocolate Studio **8 Piece Assorted Chocolate Truffles**



^{\$}5.49 **Enjoy Life** Semi-Sweet **Vegan Chocolate Mini Chips** 10 oz.



Calafia Farms **Almond Milk** Holiday Nog 48 fl. oz., dark chocolate truffle or pumpkin spice







^{\$}5.99 So Delicious **Dairy Free** Vanilla Bean **Frozen Dessert** 1 pt., made w/ coconut milk



2/^{\$}7 Dandies Mini Vanilla **Marshmallows** 10 oz.



^{\$}5.99 SuperNatural **Great Big Blizzard** Sprinkles 3 oz., Natural, plant based sprinkles for holiday baking.





^{\$}5.99 SuperNatural **Ugly Christmas Sweater Sprinkles** 3 oz., Natural, plant based sprinkles for holiday baking.



2/^{\$}6 Dandies Peppermint **Marshmallows**

Locally Grown. Community Owned.