

# Keto-Friendly Products



Berries



Veggies



Co-op Seafood



Co-op Meats



**Pure Traditions**  
Sprouted Ranch  
Pili Nuts



**Pure Traditions**  
Sprouted Himalayan Salt  
Pili Nuts



**Doctor in the Kitchen**  
Flackers Organic Flax Seed  
Crackers



**Jilz**  
Gluten-Free Crackers



**Miracle Noodle**  
Fettuccine  
Shirataki Konjac Pasta



**Miracle Noodle**  
Organic Spaghetti  
Konjac Shirataki Pasta



**Spring Sunrise**  
Organic Ghee



**Bubbies**  
Sauerkraut



**Kettle & Fire**  
Beef or Chicken Bone Broth



**Annie Chun's**  
Roasted Seaweed Snacks  
Wasabi or Sesame



**Cascadian Farm**  
Riced Cauliflower Blend



**Organic Valley**  
Cream Cheese Spread



**Birch Benders**  
Keto Pancake & Waffle Mix



**Hansen's Dairy**  
Heavy Cream



**Garrett Valley**  
All Natural Sugar-Free  
Dry Rubbed Uncured  
Pork Bacon



**Good Karma**  
Unsweetened Flaxmilk  
+ protein



**New Pi**  
Cashew Jalapeño Spread



**Bitchin' Sauce**  
Cilantro Chili



**Siete**  
Dairy Free Cashew Queso  
Spicy Blanco



**Nick's Sticks**  
Grass-Fed Beef Sticks



**Lakanto**  
Monkfruit Sugar-Free  
Sweetener



**Sweet Leaf**  
Natural Stevia Sweetener



**Julian Bakery**  
Paleo Thin  
Almond Bread



**Julian Bakery**  
Paleo Coconut Bread



**Bullet Proof**  
Brain Octane Oil



**Ancient Nutrition**  
Vanilla or Chocolate  
Keto Protein



**Ancient Nutrition**  
Keto Multi  
Fermented Vitamin  
& Mineral Formula



**Ancient Nutrition**  
Keto Fire  
Ketone Activator



**Sweet Raw Joy**  
Chocolate Almond  
Nut Butter with Sea Salt



**Sweet Raw Joy**  
Syilk-Tella Chocolate Almond  
Hazelnut Butter



**Sweet Raw Joy**  
White Chocolate  
Raspberry Tart



**Sweet Raw Joy**  
Coconut Banana Cream Pie



**Swerve**  
Confectioners Sugar  
Replacement



**Swerve**  
Granular Sugar  
Replacement



**Swerve**  
Brown Sugar  
Replacement



**Sweet Leaf**  
Sweet Drops Natural  
Sweetener



**Swerve Sweets**  
Chocolate Cake Mix



**Swerve Sweets**  
Vanilla Cake Mix



**Lily's**  
Original Dark Stevia  
Sweetened Chocolate Bar



**Lily's**  
Extra Dark Stevia  
Sweetened Chocolate Bar



**Eating Evolved**  
Keto Cups + Coffee



**Eating Evolved**  
Original Keto Cups



**Once Again**  
Lightly Sweetened  
Sunflower Seed Butter



**Zevia**  
Cola